



CIEH Level 2 Award in The Principles of COSHH

Course Content

This qualification is designed to raise awareness of risks that are associated with substances encountered in the workplace and the control measures that can be applied to reduce or eliminate this risk.

Applicable to all industries and working environments, this course will benefit any employee who uses or encounters hazardous substances in their workplace.

On completion of the qualification, candidates should be able to:

- ❖ Define and explain what is meant by the term 'substances hazardous to health'
- ❖ State the consequences of poor health and safety caused by hazardous substances and the benefits of putting controls in place
- ❖ List some common hazardous substances that are found in the workplace
- ❖ Describe the extent of accidents and ill health caused by hazardous substances in the workplace
- ❖ State the importance of risk assessment in controlling and maintaining a health and safe work environment
- ❖ Outline the legal responsibilities of employers, employees and the self-employed under the Control of Substances Hazardous to Health Regulations 2002 (as amended) and the Chemicals (Hazard Information and Packaging for Supply) Regulations 2005
- ❖ Explain how approved codes of practice and HSE Guidance Notes are used when completing COSHH assessments
- ❖ Describe how the law is enforced by enforcement agencies and the powers and actions available to enforcement officers
- ❖ Describe the duty placed on employers to provide information, instruction, and training to those exposed to substances hazardous to health
- ❖ State the types of health hazard with reference to hazardous substances and the occupations with which they are commonly associated
- ❖ Describe the various ways in which hazardous substances can enter the body
- ❖ State the effects that may arise from exposure to hazardous substances
- ❖ Describe the difference between acute and chronic symptoms arising from short and long term exposure to hazardous substances
- ❖ Detail the importance of identifying hazardous substances that are bought into the workplace and also those produced by work activities and processes
- ❖ Describe the essential information shown on the supply label of commercially produced chemicals including risk and safety terminology and warning symbols
- ❖ State the content of safety data sheets and interpret how such information can prevent injury and ill health
- ❖ Explain the use of safety data sheets in helping employers conduct a COSHH assessment
- ❖ State the emergency procedures for hazardous substances whenever there is a loss of control
- ❖ Define what is meant by the terms 'hazard' and 'risk' and give examples
- ❖ Identify who in the workplace is at risk from hazardous substances



- ❖ Describe the factors that are likely to increase the level of risk from hazardous substances
- ❖ Define the term 'control measure' with reference to hazardous substances and give examples of how effective different control measures might be
- ❖ Detail the use and care of personal protective equipment and clothing in controlling risks from hazardous substances and state personal protective equipment limitations
- ❖ Detail the importance of following instructions and safe systems of work in the presence of hazardous substances and also the responsibility of an employee with regards to reporting any failures in systems
- ❖ Define the term 'authorised user'
- ❖ Describe the general first aid provision that is required, and state that there may be additional requirements where there are high-risk substances in the workplace
- ❖ Outline the responsibilities placed on an employer and an employee with respect to COSHH assessments
- ❖ Explain the importance of recording and monitoring COSHH assessments
- ❖ Describe the role and the limitations of health surveillance
- ❖ Explain how an employer can monitor exposure to hazardous substances including the use of workplace exposure limits, maximum exposure limits and occupational exposure standards and also know where to find such information
- ❖ State how long employees' health surveillance records should be kept on file

Course Duration

3 hours

Who Should Attend?

Attendance is open to anyone

Location

The course can be delivered to a maximum of twelve delegates at any one time either on the employer's premises or using QTS' training facility in Colwyn Bay

Entry Requirements

None

Accreditation & Assessment

Accreditation will be awarded to delegates who can answer a minimum of 20/30 multiple choice questions correctly in a written assessment at the end of the training

Booking Information

Contact Adrian Townsend on 0845 389 0017