



CIEH Level 2 Award in The Principles of Manual Handling

Course Content

This qualification introduces candidates to the risks associated with manual handling and the control measures that can be implemented to reduce this risk.

The syllabus is broad and covers employees who handle materials, boxes, mail and other packages in both an industrial and office environment.

On completion of the qualification, candidates should be able to:

- ❖ Explain what is meant by the term 'manual handling' and give examples
- ❖ Describe the process of manual handling in the workplace
- ❖ Describe different types of injury that can result from manual handling and ways in which they are caused
- ❖ Outline the process of conducting a manual handling risk assessment and be aware of various control measures that can be implemented to reduce the level of risk
- ❖ Outline the responsibilities imposed by the Manual Handling Operations Regulations
- ❖ Demonstrate a general understanding of the value and purposes of conducting a manual handling assessment and what employees can expect of such assessments

Course Duration

3 hours

Who Should Attend?

Attendance is open to anyone

Location

The course can be delivered to a maximum of twelve delegates at any one time either on the employer's premises or using QTS' training facility in Colwyn Bay

Entry Requirements

None

Accreditation & Assessment

Accreditation will be awarded to delegates who can answer a minimum of 20/30 multiple choice questions correctly in a written assessment at the end of the training

Booking Information

Contact Adrian Townsend on 0845 389 0017