



# Emergency First Aid at Work (HSE Approved)

## Syllabus

### Course Aims

This course is ideal for smaller workplaces that present few health and safety risks. The course aims to provide each delegate with basic knowledge on how to provide emergency first aid treatment within low/medium risk workplaces.

### Who Should Attend?

Nominated emergency first aiders or anyone wanting a comprehensive one day first aid course.

### Key Learning Outcomes

At the end of the course, delegates will have been introduced to the following:

- The Health and Safety (first aid) Regulations, 1981)
- How to manage an incident
- The priorities of first aid
- Treating an unconscious casualty
- Treating someone requiring resuscitation
- Treating an electric shock casualty
- Treating someone who is choking
- Dealing with seizures
- Dealing with a casualty who is bleeding
- Common workplace injuries

### Supplementary Information

- The course can be delivered to a maximum of twelve delegates at any one time on the employer's work premises.
- The delegates are continually assessed throughout the day by the trainer.
- All successful delegates are issued with an attendance certificate after the course.

### Booking Information

Contact Adrian Townsend on 0845 389 0017.