



First Aid at Work (HSE Approved)

Course Content

This course aims to develop the practical skills needed by a first aider within the modern workplace and will give each delegate the confidence and knowledge to deal with first aid emergencies effectively.

The syllabus ranges from using a first aid kit to simple record keeping and, on completion of this qualification, candidates should be able to administer first aid to assist with:

- ❖ Unconsciousness
- ❖ Heart attack and resuscitation
- ❖ Shock
- ❖ Choking
- ❖ Bleeding, burns and scalds
- ❖ Poisoning
- ❖ Fractures
- ❖ Seizures
- ❖ Asthma
- ❖ Severe allergic reaction
- ❖ Eye injuries
- ❖ Low blood sugar and fainting

Course Duration

3 days

Who Should Attend?

Nominated workplace first aiders or anyone who may be required to administer first aid

Location

The course can be delivered to a maximum of twelve delegates at any one time either on the employer's premises or using QTS' training facility in Colwyn Bay

Entry Requirements

None

Accreditation & Assessment

Accreditation will be awarded to candidates who successfully complete an assessment at the end of the course

Booking Information

Contact Adrian Townsend on 0845 389 0017